

鄰近成大身心科診所(可外語服務)一覽表(2024.11.25 更新)

Clinic Name	Contact
成大醫院精神科 NCKU Hospital Department of Psychiatry	Address: 台南市勝利路 138 號 Tel: 06-2353535 Website: NCKU Hospital's website
蕭尹瑩身心診所 Hsiao's Psychiatric clinic	Address: 台南市北區長榮路四段 141 號 Tel: 06-2002268 Website: 蕭尹瑩身心診所
東寧身心診所 Dongning clinic	Address: 台南市東區東寧路 24-3 號 Tel: 06-2091090 Facebook: 東寧身心診所
心樂活身心診所 MIND LOHAS	Address: 台南市東區凱旋路 39 號 Tel: 06-2383636 Website: 心樂活診所
心自在身心診所 Mind Free Clinic	Address: 台南市東區崇明路 32 號 Tel: 06-2675725 Website: 心自在診所
林俞仲身心精神科診所 The Psychiatric and Counseling Clinic: Y.C. Lin M.D.	Address: 台南市永康區中山南路 31 號 Tel: 06-3036006 Blog: 林俞仲身心精神科診所

校外外語心理諮商資源一覽表 (2024.11.25 更新)

Institution Name	Contact	Services
全國張老師專線 (1980)	Tel: 1980 (Chunghwa Telecom allows for free calls)	Service hours(Mon.-Fri.): 0900-1200 ; 1400-1700 ; 1830-2130
安心專線(1925)	Tel: 1925(Free calls)	Service hours(Mon.-Sun.): 24hr
生命線(1995)	Tel: 1995(Free calls)	Service hours(Mon.-Sun.): 24hr
觀音線	Tel: (02)0768-7733(charged at standard landline rates)	Service hours(Mon.-Fri.): 1400-1700 ; 1900-2100
台南市政府衛生局	Tel(for Registration): 06-3352982	Service hours: 8:00-12:00 ; 13:30-17:30
緩緩心理諮商所	Address: 臺南市北區開元里 16 鄰 北園街 124 巷 10 弄 64 號 Tel: 0902-009-830 Website: https://www.huanhuan.tw/	Foreigners eligible for national health insurance can access three free counseling sessions for young adults aged 15-45 . (Please show your health insurance card during counseling for verification.)

		<p>*Notice: Non-employed individuals become eligible for enrollment in the insurance system starting from the date they have resided in Taiwan for six months after obtaining a residence certificate. This six-month period refers to either continuous residence in Taiwan or having left the country once for no more than 30 days, with the total actual stay (excluding the days spent abroad) amounting to six months.</p>
深藏心理治療所	<p>Address: 臺南市東區崇德里 14 鄰 崇明路 399 號 Tel: 0963-689820 Website: https://deepinmind2022.wordpress.com/</p>	<p>Foreigners eligible for national health insurance can access three free counseling sessions for young adults aged 15-45. (Please show your health insurance card during counseling for verification.)</p> <p>*Notice: Non-employed individuals become eligible for enrollment in the insurance system starting from the date they have resided in Taiwan for six months after obtaining a residence certificate. This six-month period refers to either continuous residence in Taiwan or having left the country once for no more than 30 days, with the total actual stay (excluding the days spent abroad) amounting to six months.</p>
樂驛心理諮商所	<p>Address: 臺南市東區成大里 7 鄰育樂街 166 號之 4 Tel: 06-2095055 Website: https://leyi.tw/v2/?fbclid=IwAR1Pzg1gqlGAtBlwT-5yJihnK3hujCBA4zgNF-FNZ45moRLUh1s15N2pDWA#</p>	<p>English counseling available: 李鴻昇 心理師 (諮心字第 004927 號)</p>
自然就好心理諮商所	<p>Address: 臺南市東區圍下里 6 鄰慶東街 214 號 Tel: 06-2752858</p>	<p>English counseling available: 蘇鈺茹 諮商心理師</p>

	Website: http://www.natureiswell.com.tw/	
上善心理諮商所	Address: 臺南市北區仁愛里 2 鄰林森路三段 77 號 Tel: 06-237-5555 Website: http://www.up3.url.tw/treatment.html	English counseling available (NT\$2500/50min)
禾心心理諮商所	Address: 台南市北區中華北路二段 80 巷 65 號 Tel: (06)358-7725 Website: https://www.sandplayworld-holdingself.com.tw/hs/service.html	 英語諮商/日語諮詢 <ul style="list-style-type: none"> • 外籍人士的諮商除了心理議題，還有語言的阻礙，禾心的口語諮商以國語和台語為主，另外提供英語及日語諮商。 • Holding Self Counseling Center主に中国語と台湾語での口頭カウンセリングを行っておりますが、英語や日本語でも対応可能です。 • Holding Self Counseling Center mainly provide oral counseling in Mandarin and Taiwanese, and English and Japanese are also available.
Community Center (in Taipei)	Tel:(02)2836-8134 Email: counseling@communitycenter.org.tw Website: https://communitycenter.org.tw/the-community-services-center-is-still-here-to-help/	